

DROP-IN POLICIES

Hours:

- Monday through Friday 11:30am to 4:30pm all year long.
- From October 15 to May 14, we highly recommend calling ahead. Especially during non-school days.
- Additional hours are available when the space is not rented.

Rates:

- October 15 to May 14 **\$6**
- May 15 to October 14 **\$4**

First Come, First Serve:

- Drop-ins are on a first-come, first-serve system and are limited to 6 athletes at a time. If others are waiting, we ask athletes to limit their time to 1 hour.
- Athletes must be 12 or older, 10 or older if a guardian is present.

Equipment:

- All participants must wear lacrosse-specific eye protection or helmet when on the field.
- No cleats inside the facility. Gym or turf shoes only.
- Do not bring balls into the facility. Balls will be provided.
- Equipment bags must be zipped and stowed in provided equipment cubbies.
- No food or drink is allowed in the training area.
- ES Lacrosse and staff are not responsible for lost or stolen items.